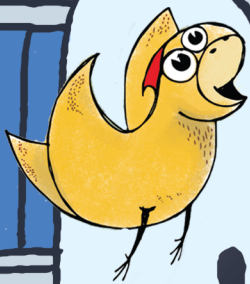




LEVEL 2 HOME KITS

WEEK #12

YOSHI IS DIFFERENT





YOSHI IS DIFFERENT

ACTIVITY 1

LEARNING GOALS

By the end of the WEEK, your child/ren should be able to:

- Demonstrate confidence in themselves and their unique talents
- Show empathy toward others who have different ideas and/or interests

RESOURCES

- Family photos of siblings and/or other family members

VOCABULARY

- Unique
- Different
- Same

ACTIVITY

- To start the activity, explain to your child what “unique” means.
 - For example: “Unique means that there are things about you that are special only to you. These things make you who you are. Another way to explain the word ‘unique’ is that no one else in the world is like you. You are one of a kind.”
- Then, show your child some family photos. Point out physical features that are the same and different in family members, such as their hair, eyes, face shape, height and so on. Talk about how we can look the same or different and how we are all unique in our own special way.
- Talk to your child about how we are all unique, and we like to do the same or different things. Provide examples of siblings or family members who like or dislike doing the same/different things.
 - For example: “I like to (.....), and your dad likes to (....). We like to do different things. Your sister likes to listen to music, and so do I. In this example, we like to do the same thing. The same is true for all people; some things are the same, and some things are different.”
- Encourage your child to describe themselves – what makes them the same as one of their siblings or friends and what makes them different and unique.
- Tell your child that you are proud of exactly who they are, how special and unique they are, and that they should always be themselves.
- Let your child know how much you love them for being themselves by stating something specific about *why* you love them.
 - For example: “I love how you build your blocks and play using your imagination with different characters. I love how you always remember to help your younger brother walk down the stairs.” Be as specific as possible.
- End the activity by singing the song (below). Ask your child to include what it is they like to play and what they like to eat as they sing the song.

SONG (to the tune of “Pop Goes the Weasel”)

I am me, and I am unique

I like to play (name a game)

I like to eat (name a food)

I am me! And I am unique.

(Jump Up!)

On the song's last line, ask them to jump up as high as they can when they sing “I am me!” and “I am unique.”

YOSHI IS DIFFERENT

ACTIVITY 2

LEARNING GOALS

By the end of the WEEK, your child/ren should be able to:

- Demonstrate confidence in themselves and their unique talents
- Show empathy toward others who have different ideas and/or interests

RESOURCES

- Recycled Card
- Scissors
- Markers/Crayons/Paint
- Photo of your child as a baby

VOCABULARY

- Unique
- Different
- Same

ACTIVITY

- Start the activity by singing the song from Activity 1.
- Ask your child if they remember what “unique” means. Then, ask them to summarise again what makes them unique.
- Show a photo of your child as a baby and talk about what you loved about them when they were a baby and what they were like then. Share with them some things they used to do as a baby and then at different stages of their development as they grew older.
- Now invite your child to go around the house and collect some things they like. Talk about why they like these things, one by one.
 - For example: “I like this book because it is my favourite story about.... and I could listen to it again and again. I like this toy because it is fluffy, and I like to hug it.”
 - Invite your child to describe colours, shapes, and foods they like.
- Invite your child to make something they would like to play with out of recycled card. Let them lead the craft and only guide them where necessary. If they struggle during the activity, ask them questions that can guide them to solve the problem independently, and then praise them. Invite them to use different colours to decorate their cardboard toy if they wish.

YOSHI IS DIFFERENT

ACTIVITY 3

LEARNING GOALS

By the end of the WEEK, children should be able to:

- Demonstrate confidence in themselves and their unique talents
- Show empathy toward others who have different ideas and/or interests

RESOURCES

- None

VOCABULARY

- Unique
- Different
- Angry
- Sad

ACTIVITY

- Start the activity by singing the song in Activity 1.
- Talk about what your child is good at doing. Ask them to show you how well they can run, jump, sing or build blocks.
- Discuss with your child what makes them feel happy or sad.
- Discuss how no one should ever make you feel bad about who you are in your unique special way and what you like to do or play with.
- Explain to your child that we can be different and like different things, but that we all have a heart and the same feelings. So we should always be kind to others and think about what others need help with.
- Now ask your child what they could do around the house or in the community to help and take care of something for others. They could do this once, or it could be a new interest for them.
 - Make suggestions, such as watering the plants, taking care of a pet or keeping an area clean. After they have done what they agreed to do, encourage them by giving specific praise for their efforts.
 - For example: "Thank you for feeding our dog and brushing her fur coat every day. You can see that she really likes it! The plants are growing and look great because you are doing such a good job of watering them and taking care of them."
- Let your child know that you are always there to listen to them and that they can always come to you for a hug and talk to you about how they feel.

YOSHI IS DIFFERENT

ACTIVITY 4

LEARNING GOALS

By the end of the WEEK, your child/ren should be able to:

- Demonstrate confidence in themselves and their unique talents
- Show empathy toward others who have different ideas or interests

RESOURCES

- None

VOCABULARY

- Unique
- Respectful
- Kind

ACTIVITY

- Sing the song from Activity 1. Invite your child to change the words to include other things they like to play and eat.
- Remind your child that we can be different and like different things.
- Talk about a time when a family member wanted to do something they liked, and you didn't want to do it. Discuss what you did and how you respected each other's ideas.
 - For example: "When your uncle invited me to watch a football game with him, I wanted to spend time with him, but I didn't want to watch a football game because I don't like football. I asked if he would like to play a volleyball game instead, and he agreed. We found something we both like to do together, and we were happy to spend time together."
- Now share ideas of what you both like to do and agree to do an activity you like together. Let your child lead the activity and follow their instructions.
- After the activity, point out how you could share your ideas without upsetting each other and you found an activity that you both enjoyed doing. Talk about how much fun you both had doing the activity.
- Tell your child how proud you are of them for respecting your ideas and how you loved spending time with them and doing the activity you both agreed on.

YOSHI IS DIFFERENT

ACTIVITY 5

LEARNING GOALS

By the end of the WEEK, your child/ren should be able to:

- Demonstrate confidence in themselves and their unique talents
- Show empathy toward others who have different ideas and/or interests

RESOURCES

- Paints/Crayons/Pencils
- Card
- Recycled Objects
- Paints/Crayons

VOCABULARY

- Unique
- Kind
- Respectful

ACTIVITY

- Invite your child to share with you all that is unique about them. Ask them to tell you what they like to do, what they like to eat, what they like to draw etc.
- Celebrate them by adding encouragement and positive feedback to what they say.
 - For example: “Yes, when you play your favourite game, you take turns respectfully and congratulate the winner, even when you feel sad that you didn’t win.”
- Remind your child about being respectful and kind and how nice it feels when someone is kind and respectful to you.
- Encourage your child to show kindness to their classmates and friends for being unique.
 - For example: “You know how you are unique and so special. You could show kindness to a friend by helping them to remember how unique and special they are too. You could tell them something that they are good at or how you liked something they did.”
- Now, invite your child to make their very own creation. Does your child like to paint, draw or build? Whatever they like to do, invite them to create something special with recycled materials, such as a collage, build something, or paint or colour their own artwork.
- As your child creates their unique work, sing the song from Activity 1.
- When they have finished, let your child know how magical their imagination and creativity are and how much you love what they have created.
- End the activity by telling your child how special they are to you and how much you love them for being who they are.

