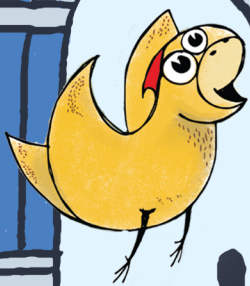




## LEVEL 2 HOME KITS

WEEK #19 – A TINY SEED





## A TINY SEED

## ACTIVITY 1

### LEARNING GOALS

By the end of the WEEK, your child/ren should be able to:

- Recognise the importance of trees
- Understand that one person can make a positive difference

### RESOURCES

- None

### VOCABULARY

- Project
- Planet
- Earth
- Dream (Plan)

### ACTIVITY

- To start the activity, tell your child the story of Felix Finkbeiner – a young boy of 9 years from Germany:
  - Felix loved the planet we live on, the earth, very much. He was very sad to learn that some people were cutting down many trees, and this was hurting the earth.
  - He learned from his teacher that trees help clean the air we all breathe and that trees do many important things to help people and animals.
  - One day in Felix's class, he told his teacher and his friends about a dream he had.
  - Felix's dream was to plant one million trees in every country in the world.
  - Many friends said they would help him. He started up a project called "Plant for the Planet."
  - Felix started by planting just one tree; three years later, his project had planted one million trees worldwide. By now, the project "Plant for the Planet" has inspired many people who have planted more than 5 million trees.
  - Ask if your child can remember what Felix did, and tell you what they remember.
- To end the activity, sing the song below.

### SONG (to the tune of "Frère Jaques")

I can make a difference,  
Make a difference  
Yes, I can,  
Yes I can  
I can take some action,  
I can take some action  
To show I care,  
Show I care

## A TINY SEED

## ACTIVITY 2

### LEARNING GOALS

By the end of the WEEK, your child/ren should be able to:

- Recognise the importance of trees
- Understand that one person can make a positive difference

### RESOURCES

- None

### VOCABULARY

- |        |         |         |            |
|--------|---------|---------|------------|
| • Bark | • Seed  | • Roots | • Branches |
| • Soil | • Trunk |         |            |

### ACTIVITY

- Start the activity by asking your child if they remember the story of Felix Finkbeiner and what he did to help our home, the earth.
- Now ask your child what they know about the trees in your local area.
- Talk to your child about the different parts of a tree.
  - For example: “The bark protects the inside of the tree, the branches spread out the leaves, and the leaves make food for the tree. The roots fix the tree in the soil and take water and food from the soil, so the tree grows big and strong.”
- Now invite your child to stand tall, strong and steady like a tree on the mountain. Then, ask them to take a deep breath in and then breathe out.
  - Ask them to keep their legs and feet together, imagine that their feet are the base of a big, strong tree, and feel their feet pressing down onto the floor, like the tree laying its roots into the soil.
  - Tell them that their arms are the branches, and they are going to raise them upwards and outwards like a tree. Ask them to raise their arms above their head and tell them that they can put their hands together over their head, or they can keep their arms open, pointing up towards the sky.
  - Now ask them to imagine the wind blowing their “branches,” gently swaying their arms with their feet firmly on the floor, like the tree trunk standing strong with its roots deep in the soil.
- Speak to your child about the importance of trees on our planet and what they do (trees provide shelter in the shade, a home for many animals, fruit for us to eat, and they help to clean our air).
- To end the activity, sing the song from Activity 1.

## A TINY SEED

## ACTIVITY 3

### LEARNING GOALS

By the end of the WEEK, your child/ren should be able to:

- Recognise the importance of trees
- Understand that one person can make a positive difference

### RESOURCES

- Recycled Card/Paper
- Crayons/Paints/Markers

### VOCABULARY

- Trees
- Soil
- Seed

### ACTIVITY

- Begin the activity by talking to your child about Felix Finkbeiner and how he loved trees and took action to do something good for our world.
- Now invite your child to take a short walk in your local area. As you walk, talk to your child about what you love about your community and where you live. Point out the different trees you see in your neighbourhood and the smells you can smell, and describe what you see and hear.
- Afterwards, ask your child what they love about their home and where they live. Help your child to describe what they love about it and find things in their environment that they care about.
- Then, remind your child about the importance of trees. Discuss how trees help us breathe clean air, provide shelter for people and animals, and give us fruit to eat. Talk about how trees help us when there is lots of rain. Explain to your child that in some areas where there is heavy rain, if there are not enough trees, the ground cannot hold water, the rain can damage the soil, and farmers cannot grow food.
- Now invite your child to paint or colour a tree of their choice and to include the animals that may use a tree as their home.
- As your child colours their picture, sing the song from Activity 1.
- To end the activity, display your child's picture somewhere everyone can see it. When family members or friends see the picture, ask your child to tell them about the importance of trees.

## A TINY SEED

## ACTIVITY 4

### LEARNING GOALS

By the end of the WEEK, your child/ren should be able to:

- Recognise the importance of trees
- Understand that one person can make a positive difference

### RESOURCES

- Recycled Card/Paper
- Crayons/Markers

### VOCABULARY

- Community
- Trees
- Soil
- Seed

### ACTIVITY

- Sing the song from Activity 1.
- Talk about what Felix did for his community. Discuss how he knew what to do and then how he did something about it. Point out to your child that he took action, which had a very positive impact on his community and the earth.
- Remind your child about the walk in your local area you both took in Activity 3. Talk about what you both love about your local area, and then ask your child if there is anything they would like to change.
- Ask them if there is anything they would like to do to take action about something they care about.
- Explain to your child that some people take action on their own or share their ideas in groups. Provide an example of a local organisation or community project if you can. If not, then give an example of an international organisation doing something to take action about a cause.
- Discuss how you can volunteer your time as a family to help. For example, if your child is concerned about hunger, they could help at a homeless shelter or donate to a food bank or an organisation supporting this cause. This will show your child that they can help and take action.
- Now ask your child to draw a picture of what they want to change. For example, if your child would like to take action to help animals that live on the street and have no home, they can draw the animals they would like to help.
- To end the activity, tell your child that they have great ideas and you believe in them.

## A TINY SEED

## ACTIVITY 5

### LEARNING GOALS

By the end of the WEEK, your child/ren should be able to:

- Recognise the importance of trees
- Understand that one person can make a positive difference

### RESOURCES

- Soil
- Tree of your choice
- Water
- Shovel
- Pot (if necessary)

### VOCABULARY

- Community
- Trees
- Soil
- Seed

### ACTIVITY

- To start the activity, sing the song from Activity 1.
- Now ask your child why trees are important to us. Remind them that trees are very important because they help us breathe clean air, provide shelter for people and animals, and give us fruit to eat.
- Discuss what you can do as a family to make a difference by planting more trees, so they continue to grow.
- Then invite your child and family to plant a tree in your own garden (if possible), in a pot, or as part of a community project. Share your ideas of which tree you have chosen to plant and why.
- End the activity by telling your child that they can make a difference. Let them know they make you proud.

