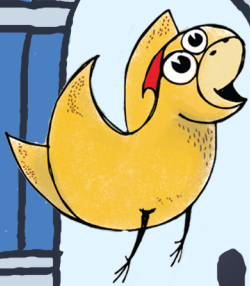




LEVEL 2 HOME KITS

WEEK #22

MY DREAM IN THE DRAWER





MY DREAM IN THE DRAWER

ACTIVITY 1

LEARNING GOALS

By the end of the WEEK, your child/ren should be able to:

- Set a long-term goal
- Understand that gender does not affect one's goals or dreams

RESOURCES

- Box/Envelope/Paper Bag
- Coloured Paper/Tinsel/Stickers/Coloured Pens

VOCABULARY

- | | | |
|---------|-------------|-------------|
| • Dream | • Confident | • Spacesuit |
| • Brave | • Goal | • Astronaut |

ACTIVITY

- Let your child know that men and women who have been to space are called astronauts. Encourage positive discussion about this being a dream for many girls and boys.
- Discuss what being an astronaut might be like, and ask your child if they would like to be an astronaut. Let your child's imagination flow with ideas of what they might see in space and what it would be like to travel in a rocket in a spacesuit.
- Let your child know that boys and girls can be anything they want to be if they believe it with all their hearts.
- Invite your child to create their own "Dream Box." Ask them to help you find a box (or an envelope or paper bag), which you can use to put things in, in the coming activities.
- Decorate the box with your child.
- Keep the box in a safe place for Activity 3.
- To end the activity, sing the song below.

SONG (to the tune of "Frère Jaques")

I can dream big
I can dream big,
And take steps
Steps to start

Do a little every day
Believe in it with all my heart
And I'll succeed.
I will succeed.

MY DREAM IN THE DRAWER

ACTIVITY 2

LEARNING GOALS

By the end of the WEEK, your child/ren should be able to:

- Set a long-term goal
- Understand that gender does not affect one's goals or dreams

RESOURCES

- Clothing to dress up in/Props

VOCABULARY

- Dream
- Astronaut
- Goal
- Imagination

ACTIVITY

- To start the activity, sing the song from Activity 1.
- Ask your child if they could have any job in the world; what would they love to do? You could make some suggestions based on their interests and talents if needed.
- Take time to discuss some dreams. Do they have a dream to be a dancer? Or a scientist? A lawyer? A cook? Or a doctor. Be positive about whatever they answer.
- Invite them to imagine themselves living their dream and talk to them creatively about what it is they might like to be in the world. Please let their imagination run with the idea, whether realistic or not. Suggest ideas if they don't have any yet.
 - For example: "How about being an astronaut? Imagine yourself zipping up your space suit and putting on your helmet. Get ready for blast off! 10, 9, 8, 7, 6, 5, 4, 3, 2, 1, and off you go into space. What can you see? Wow, look at the stars shining brightly!"
- Talk to your child about boys and girls all being able to do the jobs they want. Choose a worker from your local area mainly associated with a man or woman (e.g., a firefighter or a nurse). Let them know that it may seem some jobs are for boys and some are for girls, but all people can do the same and any jobs.
- Invite your child to participate in a role-play. Invite them to pretend to be a worker and do a job usually associated with a man or woman. E.g., If your child is a girl, she could be a firefighter (mostly considered a man's job), or if your child is a boy, he could be a nurse (mostly considered a woman's job).
- Help them choose a preferred job and provide guidance if they are unfamiliar with what the worker does. Offer any clothing or props to your child that you may have for them to use their imagination and play creatively.
- To end the activity, remind your child (whether a boy or a girl) that they can reach their dream, whatever it is if they believe it with all their heart.

MY DREAM IN THE DRAWER

ACTIVITY 3

LEARNING GOALS

By the end of the WEEK, your child/ren should be able to:

- Set a long-term goal
- Understand that gender does not affect one's goals or dreams

RESOURCES

- None

VOCABULARY

- | | | |
|---------|-------------|-------------|
| • Dream | • Confident | • Goal |
| • Brave | • Job | • Astronaut |

ACTIVITY

- Begin the activity by singing the song in Activity 1.
- If you had a dream when you were younger, share that dream your child. If it has come true, discuss what you did to reach your dream.
- Now talk to your child about taking steps towards their dream. Remind them of something they couldn't do before but can do much better now. Talk about how they practised and learnt what to do, and how confident they are doing it now.
- Let your child know that sometimes you might try things that don't work out to reach your dream. But then you can try again, and what you learn along the way can help you reach your dream in the end.
 - For example: "When it didn't work out, you started slowly trying again and again. Little by little, with your effort, you could do it. Mistakes can be good – they help you to learn."
- Talk about things your child is good at and remind them of their strengths. Let them know that you are proud of them and that you know they will give their best to try to reach their dream.
- Invite your child to get their "Dream Box," which they decorated in Activity 1 and explain to them that they can collect things associated with their dream, like pictures they have cut out, and then put them inside the box to grow their collection. This will help them achieve their dream.
- When complete, ask your child where they would like to keep it.

MY DREAM IN THE DRAWER

ACTIVITY 4

LEARNING GOALS

By the end of the WEEK, your child/ren should be able to:

- Set a long-term goal
- Understand that gender does not affect one's goals or dreams

RESOURCES

- Paper
- Coloured Pencils/Crayons/Markers

VOCABULARY

- | | | |
|---------|-------------|--------|
| • Dream | • Confident | • Goal |
| • Brave | • Job | |

ACTIVITY

- Invite your child to draw themselves doing their dream job, and keep this for Activity 5.
- Now, talk to your child about the importance of taking steps towards their dream and reflect on how they can achieve it.
- Let your child know that the little steps they take each day will get them closer and closer to achieving their dream in the future.
- Discuss what they can do to achieve their dream by setting targets along the way. Depending on your child's dream, together, you could plan the main targets over time and keep this in their "Dream Box."
- When you have agreed on what these steps could be, consider when you can come back to them to see how your child is doing. This way, your child can see their progress and how much closer they are to living their dream.
- Whenever your child begins to take steps towards reaching their dream, positively encourage them and celebrate the steps they take by acknowledging their effort.
- Remind them that they may make mistakes along the way, and that's okay because mistakes help us learn.
- Let them know that the important thing is for them to try again and to believe it with all of their heart.
- Also, explain that sometimes we have one dream, and we may not manage to make it real. Many people change their dreams and try different things at different times in their lives, which is also okay.
- To end the activity, sing the song from Activity 1.

MY DREAM IN THE DRAWER

ACTIVITY 5

LEARNING GOALS

By the end of the WEEK, children should be able to:

- Set a long-term goal
- Understand that gender does not affect one's goals or dreams

RESOURCES

- Crayons/Markers/Pencils
- Large Piece of Recycled Card
- Glue/Tape
- Any materials you may have for your child to decorate their vision board

VOCABULARY

- Dream
- Brave
- Confident
- Job
- Vision Board

ACTIVITY

- Invite your child to create a vision board about their dream on recycled card. Tell them that a vision board is a great place to see things about their dream that they can look at every day and use to remind and inspire them to take little steps towards it.
- Take the piece of recycled card, ask your child to get their drawing from Activity 4, and stick it on the vision board.
- Now invite your child to draw other things on their vision board significant to their dream, or cut out whatever pictures they want and stick them on however they want. When completed, they can put it in their room to see it. Explain that this will motivate them every day to think about their dream: what they want to do and why they want to do it, the different activities and steps to reaching a dream, and how important it is to keep trying, even if they make a mistake.
- Remember to set times in the future when you can take your child's "Dream Box" out and sit down together to reflect on how far they have come. You can discuss what they have learnt so far towards living out their dream.
 - Be sure to offer positive encouragement along the way. For example: "I am so proud of you because you have not given up, and you keep trying even when you have found it difficult. You must be so proud of yourself and all the effort you are putting into it."
- To end the activity, let your child know that all boys and girls can be anything they want to be if they believe it with all their hearts.

