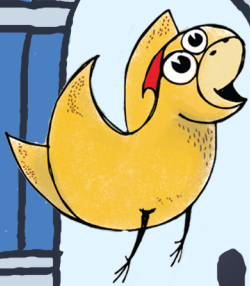




# LEVEL 2 HOME KITS

WEEK #5

THE SECRET ADVENTURES  
OF ANONYMOUSE





## **THE SECRET ADVENTURES OF ANONYMOUSE**

## **ACTIVITY 1**

### **LEARNING GOALS**

By the end of the WEEK, your child/ren should be able to:

- Perform acts of kindness inside and outside of the house
- Demonstrate an understanding that small acts of kindness can inspire other acts of kindness

### **RESOURCES**

- Paper and pen

### **VOCABULARY**

- Secret
- Kindness
- Act
- Deeds

### **ACTIVITY**

- Ask your child what they think a 'good deed' is. Agree that a 'good deed' is an act of kindness.
- Tell your child that true acts of kindness don't look for thanks or rewards. True acts of kindness are done because they are the right thing to do. Good deeds are done out of kindness for others.
- Now ask your child to think of things they might be able to do for someone else. Make a list of the ideas.
- Suggest to your child that it might be great fun for them to do something kind for a family member or a friend as a surprise, without the person expecting it. What could that surprise be?
- Accept any of your child's ideas for the list you create. Try to resist the temptation for this to be something you have suggested, so your child can 'own' the idea.
- If your child is not easily coming up with ideas, encourage them with examples: 'How could you put a smile on someone's face?' 'Is there something special you could make for someone to find - like a picture?' 'Do you know anyone who likes toys, but may not have many?' 'Do you know anyone who likes flowers, and might be happy if you gave them a flower?'
- To finish, tell your child, 'If you are kind to others, they will be kind to others also and kindness will grow, just like a tree!' and then ask them to decide and do one of the kind things from the examples...
- Now suggest that it would be even more fun to do the chosen kind thing, secretly!
- Plan and execute the secret 'gift'. Save the list for other activities.

# THE SECRET ADVENTURES OF ANONYMOUSE

## ACTIVITY 2

### LEARNING GOALS

By the end of the WEEK, your child/ren should be able to:

- Perform acts of kindness inside and outside of the house
- Demonstrate an understanding that small acts of kindness can inspire other acts of kindness

### RESOURCES

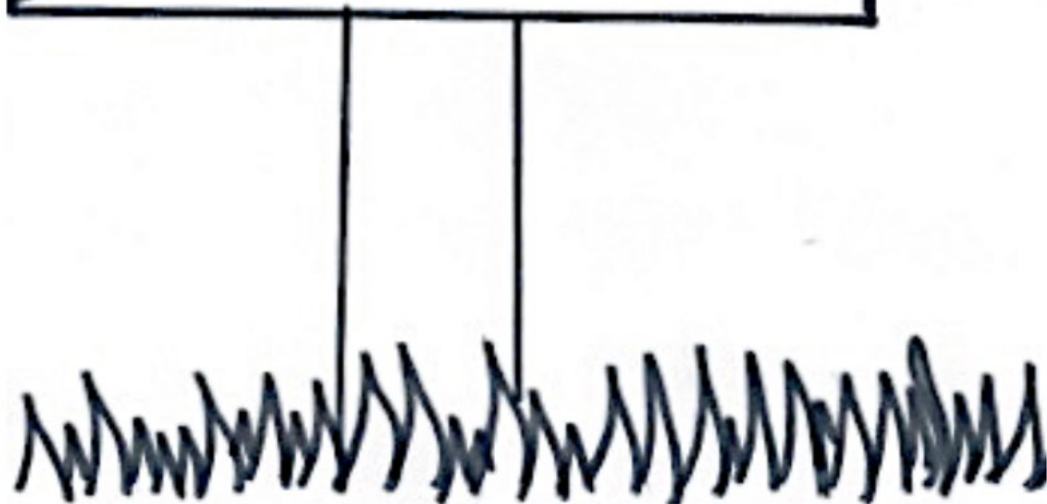
- List of kind acts from ACTIVITY 1
- Kindness Garden Sign and grass template (see below)
- Art supplies (inc. tape or glue)
- Card (A3 or bigger)
- A4 sheet of paper (for Kindness S and Flowers to be drawn)

### VOCABULARY

- Anonymous
- Kindness
- Act
- Secret
- Deeds

### ACTIVITY

- Show your child the Kindness Garden Sign (below). Tell them that they are going to plant a garden of kindness that will grow as their kind acts grow!
- Put the Kindness Garden Sign where they can see it clearly, either inside or outside. Tell your child that as they do kind acts for others, seeds will be planted. As their kindness grows, so will the seeds, and so will the garden!
- Use the card to create a Kindness Garden Sign. Please work with your child to design the sign and decide if it will be attached to a stick or just lean against the wall?
- Draw the seeds in different parts of the garden picture.
- As your child chooses and completes more kind acts during the coming days, give them a Kindness Seed and invite them to decorate it and 'plant' it in the garden (i.e. stick it to the garden picture).
- Please Note: at the end of each day, while your child sleeps, place Kindness Flowers above the Kindness Seeds so your child can see their garden has 'grown' while they slept!



### LEARNING GOALS

By the end of the WEEK, your child/ren should be able to:

- Perform acts of kindness inside and outside of the house
- Demonstrate an understanding that small acts of kindness can inspire other acts of kindness

### RESOURCES

- List of kind acts from ACTIVITY 1
- Mask templates (*Please Note: an adult will need to cut the eyeholes before starting the activity*)
- Child-safe scissors
- String OR ice-lolly/popsicle stick
- Art supplies and small items to decorate mask (e.g. small pieces of paper, leaves, markers/crayons, glue etc.)

### VOCABULARY

- Unique
- Kindness
- Act

### ACTIVITY

- Invite your child to share kind acts that they saw others do this week.
- Ask them, 'Did you see someone being kind? What did you see?'
- Then ask them if they have had any new ideas for their list of kind acts and secret good deeds. Are there any other acts which they could do to help the Kindness Garden grow?'
- Add your child's ideas to the list/pictures from activity 1, and remind them of their ideas throughout the week.
- Now tell your child that they are going to have a chance to be more anonymous today because they will be making a mask!
- Give the mask template to your child. If they are able to, they can cut their own masks out. Please do this for them if they can't. [Please Note: please be careful and use safety scissors].
- Your child can then decorate their masks once they are cut out. Invite them to use various materials to decorate and make their masks unique.
- Once their mask is decorated, invite them to glue the ice-lolly/popsicle stick to the edge of their mask as a handle or tie the mask to their heads with string.
- Next encourage your child to engage in imaginative play and do kind acts as part of their play. Allow them to role-play and include them playing different roles; like a teacher in school, or a police officer helping the public, or a shopkeeper, doctor etc..
- To finish, ask your child which kind acts they enjoyed doing the most and thank them for doing so many kind things as they played!

### LEARNING GOALS

By the end of the WEEK, your child should be able to:

- Perform acts of kindness inside and outside of the house
- Demonstrate an understanding that small acts of kindness can inspire other acts of kindness

### RESOURCES

- List of kind acts from ACTIVITY 1
- Kindness Garden

### VOCABULARY

- Anonymous
- Kindness
- Act
- Secret
- Deeds

### ACTIVITY

- Start by talking to your child about how their Kindness Garden is developing. There should (hopefully!) be a few seeds now, with some having 'grown' into flowers.
- Then look through the list/pictures of actions you created together in activity 1 and the others that you added with your child (in activity 3).
- How many of the kind acts has your child completed? How many have they done secretly? Are there any new acts of kindness they would like to add to the list?
- Have a conversation about plants and growing seeds. Invite the children to share what they know about this already. If they don't mention it, remind them how important it is to give water and love and care to the seeds so they will grow into good, strong and healthy plants.
- Next, tell the children that we also need things to grow friendships. Sometimes we forget to be kind to others, but there is something we can learn to remember to be kind. It is called the Growing Friendship Wish.
- Invite your child to learn the Growing Friendship Wish while you lead them in the chant: 'May all I think, say and do not hurt anyone and help everyone.'
- Tell your child that each time you practice the Growing Friendship Wish, you will get better and better at remembering to be kind to your friends.
- Ask the children to think about some ways in which they can help others and grow friendships in their class.' (invite your child to share ideas but work with them to write up the following on the list of ideas)
  1. We can be kind.
  2. We can play fair by sharing, taking turns and including others.
  3. We can help others when they need help.

### LEARNING GOALS

By the end of the WEEK, your child/ren should be able to:

- Perform acts of kindness inside and outside of the house
- Demonstrate an understanding that small acts of kindness can inspire other acts of kindness

### RESOURCES

- No resources needed

### VOCABULARY

- Anonymous
- Kindness
- Secret

### ACTIVITY

- Ask your child if they would prefer to do kind things in secret or for people to know that it was them who was kind (please don't feel that you have to guide them to a particular answer, just invite them to share their thoughts).
- Now tell your child that you will play a game all about kindness!
- Teach them the following rhyme – you can also add a melody and make it into a song if you like:

‘I’ve seen you being kind and wow!  
I would love to tell you how...’

[Please Note: this would be fun to play with other family and friends]

- Say the rhyme and then share one kind thing about your child. [If there are other people with you, ask them to share kind words about your child too.]
- Now it's your child's turn. They say the rhyme and then share one kind thing about you. Offer prompts to help your child think about things they could say beyond what they see. Suggest the sentence starter: ‘I like the way you...’ [If there are others playing, ask them to share kind words about you too.]
- If others are playing you can share kind words about them too or you can take 1 or 2 more turns with your child, sharing more kind things together.







